

Walnut Creek Masters Swim Team Information for 2010 Election of Board Members and Women's Team Captain

Candidate for 2010-2011 Women's Team Captain

1. Mary Williams

Hometown: Walnut Creek

Usual team practice time: 10:30 or noon

Year joined WCM: 1997

Candidate statement: I am very excited to have an opportunity at this point in my life to serve WCM, which has served me so very well over the last 13 years. As team captain, I want to offer continued support for programs that will allow members to meet their individual goals, as well as opportunities for affirmation and camaraderie among members. I want to advance the building of a new aquatic center for our community. I look forward to learning your name and a little something about you.

Candidates for 2010 Board of Directors

1. Amy Beisheim

Hometown: Walnut Creek

Usual team practice time: Noon

Year joined WCM: 2006

Candidate statement: The reason I joined the board last year, and would like to continue to serve on the board this year, is to give back to the organization/sport that I love. Since I joined WCM 4 years ago, it has become a very important part of my life and I want to help in the success of the organization that has given me so much.

2. Hector Chao

Hometown: Lafayette

Usual team practice time: 5:30 am

Year joined WCM: 2000

Candidate statement: I believe swimming offers adults a life long opportunity to stay in shape, set and achieve goals, and share a common interest with others. Our WCM coaches create an environment where this is easy to accomplish. I find workouts, meets and other activities fun to join because our coaches make them part of a shared life journey. During this last year I joined a number of WCM board meetings to learn more about how our team functions, what challenges we face and how we can enhance the experience of our members. My teammates and experience in masters swimming help guide my perspective that masters'

swimming serves a vital role in the community. I look forward to working with the board and serving as a voice for every member on our team.

3. Jack Daniel

Hometown: Fairfield

Usual team practice time: 10:30

Year joined WCM: 1998

Candidate statement: I joined the Walnut Creek Masters in 1998 and have not looked back. Our head coach, Kerry O'Brien, and his assistants are the best in the Masters' Swim Program. As a member of the Board of Directors I hope I can help make the Team better now and in the future. I think that through my last tour on the Board I can help our club gain new members, both your and older. My previous experience on other boards makes me confident that I can contribute socially, athletically, and otherwise for the Walnut Creek Masters. As a senior I feel I can reach out and be a good role model to other in our club as well.

4. Kara Gray

Hometown: Walnut Creek

Usual team practice time: 10:30 or noon

Year joined WCM: 1999

Candidate statement: As the outgoing Women's Team Captain and Meet Director, I wish to continue my service as a Board Member. I'd like to give back to the team that has provided me with fitness goals, camaraderie and true friendships. I feel like I truly became a swimmer in my adult life by joining WCM since my only prior experience was swimming one year on the high school team. During my time with WCM I've been both a fitness swimmer and a competitive swimmer, though I now regularly compete in meets and open water swims.

5. Peter Guadagni

Hometown: Walnut Creek

Usual team practice time: 5:30 am

Year joined WCM: 1986

Candidate statement: Walnut Creek Masters has enriched my life in many ways, from keeping me healthy to the camaraderie of my teammates. When my youngest child went off to college a few years ago I decided to start giving back to the organization and sport that has given so much to me. As a Board member and previous Team Captain I have served as our Meet Director four times, edited the Team Newsletter, and helped provide Team website content. Currently, I am on the City of Walnut Creek's Aquatic Needs Task Force. The last few years I have been a frequent competitor at meets and open water events, but during most of my more than two decades of membership I would have been most accurately classified as a fitness swimmer. This background helps me understand the diverse interests of our membership. I hope to continue my service to our team as a board member.

6. Gene Hart

Hometown: Walnut Creek

Usual team practice time: 7 PM

Year joined WCM: 1993

Candidate statement: The important issues I see for the board this year:

1. Encouraging & attracting new members.
2. Keeping our 'under-30' members active & engaged in workouts, meets & team activities – they are the future of this team.
3. Support the planning, funding & building of a swimming complex which will serve a broad community & offer a full range of water activities.

As a board member since 1996 in the past my goal has been to make sure all voices are heard. The diversity of skills, ages & competitiveness is what makes this team great. I will bring any issue you have to the board – call or text my cell 24/7 925.998.4304

7. BJ Henry

Hometown: Walnut Creek

Usual team practice time: 1030 am and noon

Year joined WCM: 1985

Candidate statement: I would like to serve on the board for WCM so that I can give back as well as serve the team that has given me so much over the years. I have served on the board of my son's recreational swim team and enjoy the challenge of decision making and coming up with innovative ideas. I would really like to pass on my passion and motivation for swimming to others by conveying that there is always something more to gain from WCM, even if you have been swimming for a while. Last year the board decided to push open water, something I had resisted but because I have that "team" mentality I decided to step out. I loved it and feel like that put me on the path of becoming more of a well rounded master swimmer. That being said I would like to get even more people involved in participating in competition. Due to the excellent leadership both on the coaching staff and on the board I have gained a heightened sense of myself, personal success beyond what I imagined and most of all lifetime friendships.

8. John King

Hometown: Walnut Creek

Usual team practice time: 5:30 am

Year Joined WCM: 1999

Candidate statement: I have spent several years of involvement with the many moving parts that helps keep the team going. It's proven to be a lot of fun and has given me the chance to get to know a lot of great people. My involvement in Pacific Masters works well with the activities at WCM. They include:

- Past Men's team captain.
- Current WCM Board Member
- Current USA and Masters swimming official
- Current Officials Chairman, Pacific Masters

- Current USMS delegate, house of delegates
- Past meet director, Short Course yards and Short Course meters championship meets

Please consider me as you select your board members. L

Likes: One-block days, one-block weeks, warm walks on the beach, puppies...

Dislikes: Cold water, leaky goggles

9. Chris Stewart

Hometown: Walnut Creek

Usual team practice time: 10:30am

Year joined WCM: A long time ago...

Candidate Statement: I have been a member of WCM for a long time...since the 70's. Having worked in a field that required shift work and an assortment of working days, both on and off, I was unable to volunteer time and energy to the team other than participating in workouts and meets. Now that I am retired I have more free time and now feel it is important to volunteer my time and energy to the team. This year I volunteered to be the Meet Director for the Short Course Meters Meet this fall.

10. Lisa Ward

Hometown: Martinez

Usual team practice time: 10:30

Year joined WCM: 1997

Candidate statement: I'm really looking forward to giving back to this team that means so much to me. My coaches and teammates have been there for me on and off the pool deck. I want to be able to do whatever is needed for us to continue to thrive and be an integral part in many "creekers" (present and future) lives.